



PHYSICAL THERAPY SERVICES

PATHOLOGIES TREATED

CERVICAL SPINE

- Headache
- Cervical Tension
- Cervical Radiculopathy
- Cervical Disk Herniation
- Arthritis
- Cervical Degenerative Disk Disease
- Spinal Stenosis
- Muscle Strain
- Upper Crossed Syndrome
- Cervical Vertebral Fusion
- Vertigo

THORACIC SPINE

- Vertebral Fx
- Costochondritis
- Thoracic Kyphosis
- Rib Fracture
- Pec Tear

PELVIS

- Sacro-Iliac Joint Dysfunction
- Urinary Incontinence
- Fecal Incontinence
- Pelvic Floor Pain
- Muscle Strain / Tension

SHOULDER

- Rotator Cuff Tear or Cuff Tendonitis / Tendinopathy
- Shoulder Impingement
- AC Joint Dislocation
- Arthritis
- Biceps Tendonitis / Tendinopathy
- Total Shoulder Replacement
- Humeral Fracture
- Biceps Rupture
- Thoracic Outlet Syndrome
- Shoulder Girdle / Scapular Instability

LUMBAR SPINE

- Spinal Stenosis
- Lumbar Disk Herniation
- Lumbar Radiculopathy / Sciatica
- Arthritis
- Muscle Strain
- Lumbar Instability
- Posterior Crossed Syndrome



TECHNIQUES USED

- Maitland
- McKenzie Method
- Blood Flow Restriction Training
- Graston / Soft Tissue Mobilization
- Force Plate Testing

PHYSICAL THERAPY SERVICES

PATHOLOGIES TREATED

HIP

- Arthritis
- Total Hip Replacement
- Hip Labral Tear
- Hip Labral Repair
- Femoral Acetabular Impingement
- Greater Trochanteric Bursitis
- Glute Medius Tendinitis / Tendinopathy
- Piriformis Syndrome
- Hip Flexor Strain
- Adductor Strain
- Hip Instability
- Sports Hernia

FOOT / ANKLE

- Ankle Sprain
- High Ankle Sprain
- Neuroma
- Tarsal Tunnel Syndrome
- Achilles Tendinitis / Tendinopathy
- Achilles Repair
- Ankle Instability
- Ligament Repair / Reconstruction
- Total Ankle Replacement
- Mid Foot Fusion
- Hallux Valgus / Bunion
- Great Toe Fusion

KNEE

- Femoral Pain Syndrome
- ACL Strain / Tear
- MCL Strain / Tear
- LCL Strain / Tear
- PCL Strain / Tear
- Meniscus Tear
- Meniscus Repair
- Arthritis
- Hamstring Strain / Tear
- Osgood Schlatters
- Patellar Tendinitis / Tendinopathy

NEUROLOGICAL PATHOLOGIES / DISEASES

- Parkinsons
- Multiple Sclerosis
- Stroke
- Postural Orthostatic
Tachycardia Syndrome (POTS)
- Vertigo
- BPPV
- Balance Deficits

